

FARMINGTON GYMNASTICS CENTER

FUN AND FITNESS FOR EVERYONE
 23966 Freeway Park Drive
 Farmington Hills, MI 48335
 Please Call: (248) 478 - 6130
 www.farmingtongymnastics.com



WINTER 2012

OPEN REGISTRATION BEGINS OCT 31st, 2011!

Cash, Check, or Credit Card Payment.



PRESCHOOL CLASSES 1YR - KINDERGARTEN

<u>CLASS</u>	<u>AGE</u>	<u>RATIO</u>
TINY TOTS	1 year old as of 12/1/11	PARENT & CHILD
TODDLER GYM	2 years old as of 12/1/11	PARENT & CHILD
MINI GYM	3 years old as of 12/1/11	6 : 1 RATIO
NURSERY GYM	4 years old as of 12/1/11	7 : 1 RATIO
KINDER GYM	Kindergartners	8 : 1 RATIO

MONDAY

10:30 - 11:30 a.m.	Mini Gym
1:00 - 2:00 p.m.	Mini & Nursery/Kinder Split
4:45 - 5:45 p.m.	Mini, Nursery & Kinder Gym
5:45 - 6:45 p.m.	Nursery Gym
6:00 - 6:45 p.m.	Toddler Gym
6:45 - 7:45 p.m.	Mini, Nursery & Kinder Gym
7:00 - 7:45 p.m.	Toddler Gym



TUESDAY

9:30 - 10:15 a.m.	Toddler Gym
9:30 - 10:30 a.m.	Nursery Gym
10:30 - 11:15 a.m.	Toddler Gym
10:30 - 11:30 a.m.	Mini & Nursery Gym
12:45 - 1:45 p.m.	Mini, Nursery Gym
1:45 - 2:45 p.m.	Mini Gym
4:45 - 5:45 p.m.	Mini & Kinder Gym
5:45 - 6:45 p.m.	Mini & Nursery Gym
6:45 - 7:45 p.m.	Nursery & Kinder Gym
7:00 - 7:45 p.m.	Toddler Gym



WEDNESDAY

9:30 - 10:15 a.m.	Toddler Gym
9:30 - 10:30 a.m.	Mini Gym
10:30 - 11:15 a.m.	Tiny Tots
10:30 - 11:30 a.m.	Mini Gym
12:45 - 1:30 p.m.	Toddler Gym
12:45 - 1:45 p.m.	Mini & Nursery/Kinder Split
4:45 - 5:45 p.m.	Mini, Nursery & Kinder Gym
5:45 - 6:45 p.m.	Mini Gym
6:00 - 6:45 p.m.	Toddler Gym
6:45 - 7:45 p.m.	Mini, Nursery & Kinder Gym



THURSDAY

9:30 - 10:15 a.m.	Tiny Tots
9:30 - 10:30 a.m.	Mini & Nursery Gym
10:30 - 11:15 a.m.	Toddler Gym
10:30 - 11:30 a.m.	Mini & Nursery Gym
12:45 - 1:45 p.m.	Mini, Nursery/Kinder Split
5:45 - 6:45 p.m.	Nursery & Kinder Gym
6:45 - 7:45 p.m.	Mini & Kinder Gym



FRIDAY

9:30 - 10:30 a.m.	Mini & Kinder Gym
10:30 - 11:15 a.m.	Toddler Gym
10:30 - 11:30 a.m.	Mini & Nursery Gym



SATURDAY

9:00 - 10:00 a.m.	Mini & Nursery Gym
9:15 - 10:00 a.m.	Toddler Gym
10:00 - 11:00 a.m.	Mini & Kinder Gym
10:15 - 11:00 p.m.	Toddler Gym
11:00 - 12:00 p.m.	Mini, Nursery & Kinder Gym
11:15 - 12:00 p.m.	Toddler Gym

FUN & FITNESS CLASS

This class is perfect for those kids who are not getting enough out of their school gym class. We will focus on building strength, coordination, balance and self esteem for Kindergarten - 3rd grade girls and boys.

Tuesday	5:45 - 6:45 p.m.	Kindergartners
Wednesday	12:45 - 1:45 p.m.	Kindergartners
Wednesday	4:45 - 5:45 p.m.	1st - 3rd Girls & Boys

FARMINGTON SHINING STARS

GIRLS 1st - 8th GRADE

DAY & TIME GRADE LEVELS OFFERED

MONDAY

4:45 - 6:15 p.m.	1st thru 3rd	Beginner & Intermediate
6:15 - 7:45 p.m.	1st thru 3rd	Beginner & Intermediate
6:15 - 7:45 p.m.	4th thru 8th	Intermediate



TUESDAY

4:45 - 6:15 p.m.	1st thru 3rd	Intermediate
4:45 - 6:15 p.m.	4th thru 8th	Advanced
6:15 - 7:45 p.m.	1st thru 3rd	Beginner



WEDNESDAY

4:45 - 6:15 p.m.	1st thru 3rd	Intermediate & Advanced
6:15 - 7:45 p.m.	1st thru 3rd	Intermediate



THURSDAY

4:45 - 6:15 p.m.	1st thru 3rd	Beginner & Intermediate
6:15 - 7:45 p.m.	1st thru 3rd	Beginner
6:15 - 7:45 p.m.	4th thru 8th	Beginner & Intermediate



SATURDAY

9:00 - 10:30 a.m.	1st thru 3rd	Beginner & Intermediate
9:00 - 10:30 a.m.	4th thru 8th	Beginner & Advanced
10:30 - 12:00 p.m.	1st thru 3rd	Intermediate & Advanced
10:30 - 12:00 p.m.	4th thru 8th	Intermediate

GIRLS 1st - 2nd Grade - 1 hr Beginner Classes

TUESDAY	4:45 - 5:45 p.m.	1st - 2nd Beginner
	5:45 - 6:45 p.m.	1st - 2nd Beginner
	6:45 - 7:45 p.m.	1st - 2nd Beginner



WEDNESDAY	4:45 - 5:45 p.m.	1st - 2nd Beginner
	5:45 - 6:45 p.m.	1st - 2nd Beginner
	6:45 - 7:45 p.m.	1st - 2nd Beginner

Beginner Level: First time gymnasts and those still working to master beginner level skills. Will work on Cartwheels, Handstands, Round offs, Pullovers, etc.
Intermediate Level: Has completed Beginner Level.
 Experienced on all events: vault, bars, beam, & floor.
Advanced Level: Has completed Intermediate Level. Must be approved for this Level.

BOYS EXTREME - 1st - 6th Grade

TUESDAY	4:45 - 5:45 p.m.	1st thru 6th
	5:45 - 6:45 p.m.	1st thru 6th
	6:45 - 7:45 p.m.	1st thru 6th



This class will incorporate gymnastics skills and strength, a MUST for all sports!

TOTAL TUMBLING



Our level specific tumbling program is great for **CHEERLEADERS** and **GYMNASTS** wanting to develop or maintain their floor tumbling skills. Skills are taught in a progressive manner with focus on Safety and form.

TUESDAY	7:45 - 8:45 p.m.	4th - 8th Beginner & Intermediate
WEDNESDAY	7:15 - 8:45 p.m.*	6th - 12th Advanced
THURSDAY	7:45 - 8:45 p.m.	8th - 12th Intermediate

Beginner: will work on cartwheels, handstands, round offs and bridge kickovers
Intermediate: must have all beg skills, will work on round offs, bridge kickovers, back walkovers, back handsprings on training mats, progression for roundoff backhandspring.
Advanced: Must be approved for this class, will work on roundoff 2 back handsprings, tucks front & back, layouts. *1 1/2 hour class

Winter Open Registration Begins Oct 31st, 2011!

**OPEN REGISTRATION BEGINS
MONDAY OCT 31 st !!**
Please note that registration will be done in person on a first come, first serve basis. **Cash, Checks, or Credit Card.**

WINTER OFFICE HOURS
Mon Tues - Thurs Fri & Sat
10:00 - 7:45 PM 9:30 - 7:45 PM 9:30 - 12:00 PM

Winter Closing Policy:
When Farmington Public Schools close, only morning classes are cancelled. Call the office for closing status of afternoon and evening classes.

**WINTER CLASSES BEGIN
DECEMBER 5TH AND END MARCH 17TH!**
Please review calendar for session dates !

SPRING PRIORITY REGISTRATION
(Only for students enrolled in the **WINTER Session**)
BEGINS JAN 30th!

SPRING OPEN REGISTRATION BEGINS FEB 20th!

MAKE UP POLICY:
Make ups are not guaranteed, and are subject to class availability. When available, make ups may be done in regularly scheduled classes within the session that the class was missed. Please call the office and we will be happy to help you!

 **Need a Leotard?**
visit
Sky's the Limit
gift shop & boutique
(Located in Farmington Gymnastics Center and open during FGC office hours)
Featuring unique gymnastics apparel and gifts for all occasions!

FEE SCHEDULE
REGISTRATION FEE
The annual non-refundable \$30.00 Family fee is valid from September 2011 - August 2012

12 Weeks / 1 Class Per Week

45 minutes.....\$ 195.00
1 Hour.....\$ 195.00
1 1/2 Hours.....\$ 250.00

Payment is made in full at the time of Registration. Cash, Check or Credit Card.



10% DISCOUNT
Only highest tuition in family is full price;
10% discount on additional children in immediate family!

Refund Policy
No refunds will be given after your second week of class, excluding medical circumstances only.
Registration fee is non-refundable

ADDITIONAL PROGRAMS OFFERED:
WORLD'S GREATEST BIRTHDAY PARTIES
SKILL CLINICS OPEN GYM
PARENTS NIGHT OUT DROP & SHOP
FIELD TRIPS
SUPER SUMMER CLASSES & CLINICS !
PLEASE TAKE ADVANTAGE OF THESE SPECIAL PROGRAMS !!!

Winter Session Extra Programs

Cartwheel and Back Handspring Clinics:
Saturday, Jan 21st and Feb 25th
Cartwheel clinic: 3pm - 4pm \$15 per date
Back Handspring: 3pm - 4:15pm \$18 per date

Parents Night Out:
Saturday, February 11th
Parents Night Out - girls and boys ages 3yrs (before 9-1-11) to 10yrs
6pm - 10pm - \$35 first child, \$25 each additional sibling
(Must be potty trained)

Mini Meet:
Saturday, March 3rd (tentatively 2:30 pm, \$45 per gymnast)
For girls and boys 1st - 8th grade registered in the Shining Stars or Boys Extreme Programs



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Day:

Time:

Coach:

FARMINGTON GYMNASTICS CENTER												
SESSION 11 -- WINTER 2012												
	* MON	* TUE	* WED	* THUR	* FRI	* SAT						
WEEK 1	Dec-5	Dec-6	Dec-7	Dec-8	Dec-9	Dec-10						
WEEK 2	Dec-12	Dec-13	Dec-14	Dec-15	Dec-16	Dec-17						
NO CLASSES Monday Dec 19th thru Sat Dec 31st - WINTER BREAK												
WEEK 3	Jan-2	Jan-3	Jan-4	Jan-5	Jan-6	Jan-7						
WEEK 4	Jan-9	Jan-10	Jan-11	Jan-12	Jan-13	Jan-14						
WEEK 5	Jan-16	Jan-17	Jan-18	Jan-19	Jan-20	Jan-21	*CART & BHS					
WEEK 6	Jan-23	Jan-24	Jan-25	Jan-26	Jan-27	Jan-28	Winterfest Jan 28 No Classes					
SPRING PRIORITY REGISTRATION FOR STUDENTS ENROLLED IN THE WINTER												
WEEK 7	Jan-30	Jan-31	Feb-1	Feb-2	Feb-3	Feb-4						
WEEK 8	Feb-6	Feb-7	Feb-8	Feb-9	Feb-10	Feb-11	**PNO					
WEEK TO SWITCH FOR STUDENTS ENROLLED IN WINTER												
WEEK 9	Feb-13	Feb-14	Feb-15	Feb-16	Feb-17	Feb-18						
OPEN REGISTRATION FOR SPRING CLASSES												
WEEK 10	Feb-20	Feb-21	Feb-22	Feb-23	Feb-24	Feb-25	*CART & BHS					
WEEK 11	Feb-27	Feb-28	Feb-29	Mar-1	Mar-2	Mar-3	Mini Meet					
WEEK 12	Mar-5	Mar-6	Mar-7	Mar-8	Mar-9	Mar-10						
WEEK	Extra Program Information											Mar-17

*CART & BHS - Cartwheel and Back Handspring Clinics will be offered Sat Jan 21st and Feb 25th.

** PNO - Parents Night Out will be offered on Saturday Feb 11th

☉ Mini Meet - Performance for 1st through 8th Grade Girls and Boys in our Shining Stars or Boys Extreme Programs.
 Will be offered on **Saturday March 3rd.**

Extra program information can be found in our Winter Newsletter (available the first week of class) and specific handouts for each program will be passed out closer to the program dates.

Winter Closing Policy:

When Farmington Public Schools close, only morning classes are cancelled.

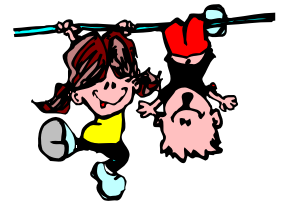
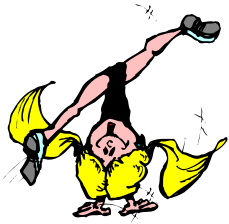
Call office for closing status of afternoon and evening classes.

Please see back for important policy reminders!

PLEASE VIEW OUR WEB SITE - www.farmingtongymnastics.com

Unless Indicated, Regular Saturday classes meet on Extra Program Days!!





MAKE UP INFORMATION

We want you to get the most out of our classes! If your child is unable to attend his/her class, we will do our best to find a make-up class that best fits your schedule. Make-ups may be done in regularly scheduled classes. Please note that make up classes are **not** guaranteed, and are subject to class availability. All make-ups must be done within the current session.

*Please see the office for scheduling.

REFUND POLICY

We understand that conflicts may arise unexpectedly. Please let the office know as soon as possible so we can begin the refund process. **No** refunds will be given after your second week of class, excluding medical circumstances. Refunds will be given by check only. Please allow four weeks for refunds to be processed. The family registration fee is **NON-refundable**.



ADDITIONAL PROGRAMS OFFERED

WORLD'S GREATEST BIRTHDAY PARTIES

BRING A FRIEND DAYS * PARENTS NIGHT OUT * TUMBLING CLINICS * DROP & SHOP * MINI MEET * FIELD TRIPS *

* OPEN GYM * THEME WEEKS *

SUPER SUMMER WORKSHOPS !

PLEASE TAKE ADVANTAGE OF THESE
SPECIAL PROGRAMS !!!

